

## Classic Larapinta Trek in Comfort Packing List and Information

### YOUR ACCOMMODATION

Overnight in exclusive eco-comfort camps. The stylish and semi-permanent facilities offer a relaxing base to enjoy the desert scenery. All facilities are positioned on raised platforms to eliminate dust and feature inner mesh linings as well as an outer removable canvas to protect against the elements. Each camp features a common dining and lounge area as well as compostable toilets and hot (bucket) showers. Sheets, pillows, and pillowcases are provided; you can bring your own sleeping bag for warmth, or these can be hired.

### CONNECTIVITY

At the campsites, devices can be charged through a limited number of USB ports in the lounge area, shared between participants. Charging is via solar panels so it may take longer than usual. We suggest bringing portable power chargers or fully charged spare batteries as a backup. Carrier-pending, sporadic phone reception can be received, but mainly only on the first day at Mt Sonder. Guides are equipped with specialised communication devices in case of emergencies.

### WHAT YOU CARRY

As a fully supported journey, your luggage will be transferred by the support vehicle, and you carry only a small day pack each day with your snacks and personal belongings. Your day pack should weigh no more than 8kg and contain water for the day (2-4L), personal belongings such as a hat, sunglasses, camera and extra warm layers.

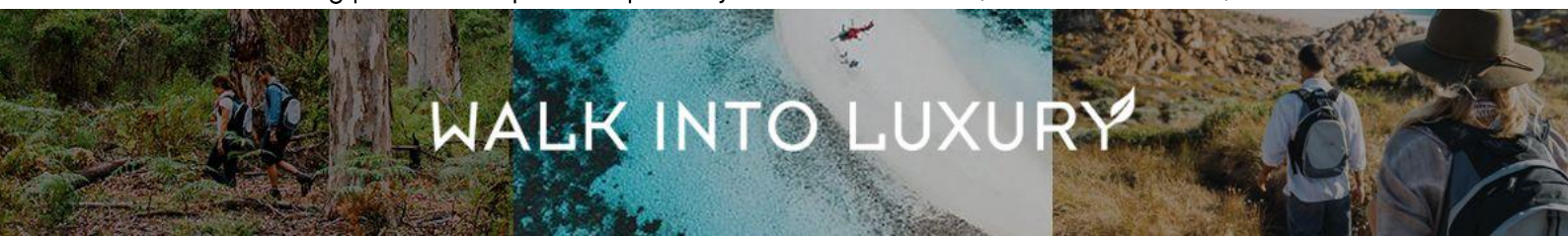
Your main luggage needs to be packed in a **soft duffle bag no larger than 70cm x 40cm x 40cm and less than 15kg**. Any excess luggage can be stored at your hotel in Alice Springs.

### WHAT'S SUPPLIED?

- Guides carry first-aid kits and emergency communication devices

### WHAT YOU SHOULD BRING

- Day pack (30-35L) and a duffel/soft bag for your main luggage (refer above for details)
- Sleeping bag and sleeping bag liner, sleeping bags can be hired at cost
- Four 1L leakproof water bottles and/or a hydration bladder.
- Headtorch – for climbing Mount Sonder and moving around the campsite
- Boots and spare socks – sturdy waterproof hiking boots with mid-to-high ankle support are a must due to the uneven terrain; boots should be comfortable and worn in
- Lightweight waterproof jacket
- Comfortable hiking clothing - we recommend long loose-fitting clothing for sun and wind protection and to shield your legs and arms from stray branches
- Layered clothing is recommended – a set of thermal tops and bottoms, a few t-shirts, a long-sleeve shirt, a pair of shorts, a fleece jacket or warm jumper
- Beanie or woollen hat and gloves (even during the summer months)
- Long pants– waterproof or quick-dry material is advised (not cotton or denim)



# WALK INTO LUXURY



- Ankle gaiters
- Change of clothes, nightwear and lightweight shoes/sandals for evenings at the lodge
- Running shoes/joggers
- Sun protection, including a hat, sunscreen, sunglasses, and neck scarf/bandanna
- Towel – we recommend something small and quick dry material
- Swimsuit if you intend to swim
- Prescription glasses and/or any medication you may require (including an EPI pen)
- Personal toiletries in small containers, including insect repellent and toilet paper for the track
- Personal medical kit including sunscreen, band-aids, and any symptom relief medication such as aspirin, paracetamol, anti-nausea, and cold and flu tablets
- Your camera and/or mobile phone, chargers, spare batteries, device power bank
- Bank card (or preferred device) for purchasing incidentals
- Any alcoholic or carbonated soft drinks for the duration of your trip. Alcohol is not provided and cannot be purchased once the walk has begun.

*Pre-trip information*

