

Three Capes Signature Walk Packing List and Information

YOUR ACCOMMODATION

During your walk you will stay at exclusive use private lodges nestled in the Tasmanian bushland. All rooms are twin share and feature Queen or twin bedding with carefully selected soft furnishings. A communal dining area and lounge offer stunning views of the surrounds, and the relaxation pavilion allows those who would like, to indulge in a relaxing spa treatment. Please note that the bedrooms are separate from the living/dining spaces and connected by decks that are exposed to weather, so please pack suitable footwear for wet surfaces. The bathroom facilities are communal (not ensembles).

CONNECTIVITY

Mobile service coverage is very patchy and depending on your carrier may not be available. Guides are equipped with specialised communication devices in case of emergencies.

WHAT YOU CARRY

You will need to carry all of your personal belongings for the duration of your walk. A backpack is provided on day one to store your belongings. If you adhere to the packing list, your pack should weigh no more than 10kg.

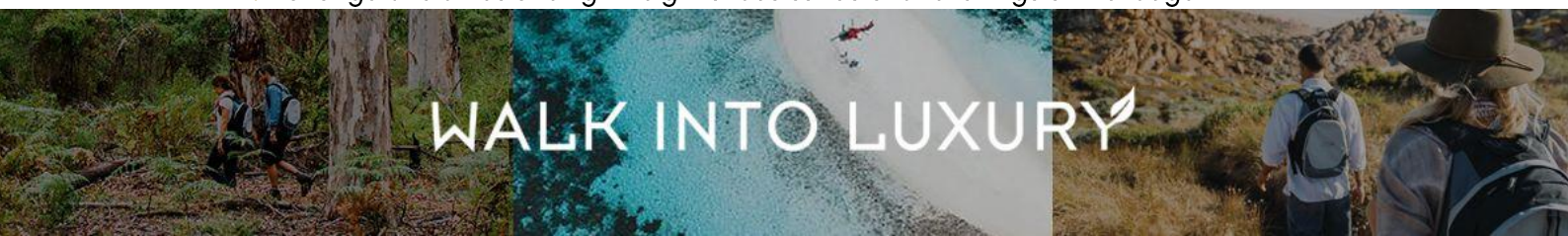
WHAT'S SUPPLIED?

For your comfort, you are welcome to bring and use your own items, but the following are provided at the meeting point in on the first day if required:

- A high quality 44L backpack, with pack cover and pack liner
- Goretex or equivalent rain jacket (waterproof and wind proof)
- Quilt cover, pillowcase and fitted sheet,
- Small daypack for your return walk on day 3
- Basic toiletries at each lodge
- Guides carry comprehensive first-aid kits and emergency communication devices

WHAT YOU SHOULD BRING

- A large water bottle or hydration pack (3L total capacity required)
- Boots and spare socks – sturdy waterproof hiking boots with mid-to-high ankle support are a must due to the uneven terrain; boots should be comfortable and worn in
- Comfortable hiking clothing - we recommend long loose-fitting clothing for sun and wind protection and to shield your legs and arms from stray branches
- Layered clothing is recommended – a set of thermal tops and bottoms, a few t-shirts, a long-sleeve shirt, a pair of shorts, a fleece jacket or warm jumper (shorts or zip off trousers should be worn on day 1 for the beach landing)
- Beanie or woollen hat and gloves (even during the summer months)
- Long pants – waterproof or quick-dry material is advised (not cotton or denim)
- Change of clothes and lightweight shoes/sandals for evenings at the lodge



WALK INTO LUXURY



- Sun protection, including a hat, sunscreen, and sunglasses
- Small towel and swimsuit if you intend to swim
- Prescription glasses and/or any medication you may require (including an EPI pen)
- Personal toiletries in small containers, including insect repellent
- Your camera and/or mobile phone, chargers, spare batteries
- Travel adapters (if required)
- Bank card (or preferred device) for purchasing incidentals
- Travel mug for hot drinks on the track
- Head torch – minimum 300 lumens with spare batteries or USB charger
- Recommended: Walking poles for navigating rocky terrain
- Recommended: Waterproof over pants

Pre-trip information

