

W Trek from Ecocamp Packing List and Information

YOUR ACCOMMODATION

Ecocamp features a range of eco-friendly luxuriously furnished domes that allow you to experience the Torres del Paine National Park from your room. Each dome has either a queen or king bed or can be configured to twin bedding and has internal heating to keep you warm. We recommend the Superior domes and above as these have an ensuite bathroom. All bedding, toiletries and are provided. On Day 2 of the trek you will be accommodated in tents, camping under the stars of the Paine Grande. This can sometimes be upgraded to a dorm style room in the refugio. Please speak with your Journey Designer if you have any questions.

CONNECTIVITY

The remote location means that there are no modern communication amenities such as cell phone reception or wifi, enjoy the chance to fully switch off and enjoy the landscape. There are charging point for your cameras and phone in the domes and common areas. Your guides are also equipped with specialised communication devices in case of emergencies.

WHAT YOU CARRY

As a lodge-based walk, your luggage remains at your accommodation, and you carry only a small day pack each day. You will need to carry your lunch pack on some days along with water and personal items. On Day 1 you will be given a dry bag to store your belongings for the night camping.

WHAT'S SUPPLIED?

- All bedding, bath towels, toiletries, and basic comforts at your accommodation
- Guides carry comprehensive first-aid kits and emergency communication devices
- Dry bag for second night – will be transported by lodge staff

WHAT TO BRING

- Day pack to take on your hikes each day – 30L approximately to carry water, lunch, camera and any extras.
- A large water bottle or hydration pack (minimum one-litre capacity)
- Lace-up hiking boots that cover the ankle and have sturdy, treaded soles (full-grain leather or Gore-tex with Vibram soles recommended); boots should be worn in
- Socks (three pairs recommended) and underwear, beanie and gloves
- Layered loose-fitting hiking clothing in waterproof or quick-dry material as follows:
 - Polar fleece jacket (preferred) or woollen jumper/pullover
 - Thermal layer e.g. Merino or polypropylene long-sleeve tops and long johns
 - Shorts and/or light walking trousers, plus Merino or polypropylene t-shirts
 - Waterproof over-pants and long Gaiters
- Change of warm clothes and lightweight shoes/sandals for evenings at the lodge
- Sun protection, including a hat, sunscreen, and sunglasses
- Hiking poles - if you have unsteady ankles or knees, you may like to bring your own walking pole/s to help you navigate the uneven terrain or assist with muscle fatigue

Pre-trip information



WALK INTO LUXURY



- A travel towel (quick drying)
- Prescription glasses and/or any medication you may require (including an EPI pen)
- Personal toiletries in small containers, including insect repellent
- Bank card (or preferred device) for purchasing incidentals
- A head torch (min. 3000 lumens), camera and/or mobile phone, chargers, spare batteries

Pre-trip information

