

Kepler, Milford, Routeburn Walk Packing List and Information

WHAT YOU CARRY

As a lodge-based walk, your luggage remains at your accommodation, and you only need to carry a small day pack on the walks. You will need to carry your lunch pack on some days along with water and personal items.

WHAT'S SUPPLIED?

- A substantial packed lunch is provided by your local guide team to take with you on the track.
- All bedding, toiletries and other comforts you'd expect at your accommodation

WHAT YOU SHOULD BRING

- Day pack
- Drink bottle or hydration packs (minimum one litre)
- Boots and spare socks – sturdy hiking boots with mid-to-high ankle support are a must due to the uneven terrain; boots should be comfortable and worn in
- Comfortable hiking clothing - we recommend long loose-fitting clothing for sun and wind protection and to shield your legs and arms from stray branches
- Layered clothing is recommended – a set of thermal tops and bottoms, a few t-shirts, a long-sleeve shirt, a pair of shorts, a fleece jacket or warm jumper
- Long pants – waterproof or quick-dry material is advised (not cotton or denim)
- Change of clothes, lightweight shoes/sandals and nightwear for evenings at the lodge
- An additional change of clothes is recommended for the Milford Track walk due to the wet conditions. These can be left in the guide vehicle.
- Beanie or woollen hat and gloves (even during the summer months)
- Wet weather gear - conditions can be variable, so include a lightweight water-and-wind-proof parka or raincoat
- Sun protection – including a hat, sunscreen, and sunglasses – and insect repellent
- Walking poles – while not obligatory, if you use them regularly, you may wish to bring your own walking poles to help you navigate the uneven terrain
- Prescription glasses and/or any medication you may require (including an EPI pen)
- Your camera and/or mobile phone, chargers and travel adapters (if required)
- Bank card (or preferred device) for purchasing any incidentals

Pre-trip information

