

Milford Track Walk Packing List and Information

YOUR ACCOMMODATION

While walking the Milford Track, you will end each day at purpose-built lodges designed with a level of comfort you wouldn't expect. Exclusive to guests on the guided Milford Hike, attentive hosts are on hand to assist at each lodge. The well-appointed huts feature open fires, hot water, fresh linen, flushing toilets and essential toiletries. Most lodges also have drying rooms and facilities for hand-washing clothes – ideal for helping to keep your pack weight down.

CONNECTIVITY

Limited to no phone service is available whilst on the Milford Track. The lodges run on battery-powered electricity, so some electrical facilities are switched off overnight, with electrical devices able to be charged up to 10 pm; however, lighting is available at all times with essential electricity as needed. There is no internet access available at the Milford Track lodges. Guides and lodges are equipped with specialist communication devices in case of emergencies.

WHAT YOU CARRY

You carry your own belongings between lodges, including clothing and personal items for the four days on the trail, plus lunch and water supplies that you will replenish daily at each lodge. Pack for four seasons to ensure you are prepared for all types of weather. Milford Track lodges have drying rooms – lightweight Merino wool or polypropylene clothing has a better chance of drying overnight if it gets wet. Cotton, silk, or denim garments are not suitable.

WHAT'S SUPPLIED?

For your comfort, you are welcome to bring and use your personal items, but the following are provided at the Ultimate Hikes Centre in Queenstown on the day of departure (if you prefer, we can arrange an alternative time to visit the centre during business hours the day prior):

- A backpack and a high-quality waterproof jacket
- Hiking poles can be hired or purchased (bring your own if you use poles regularly)
- All bedding, bath towels, toiletries, and basic comforts at your accommodation
- Guides carry comprehensive first-aid kits and emergency communication devices

WHAT TO BRING

- A large water bottle or hydration pack (minimum one-litre capacity)
- Boots and spare socks – sturdy waterproof hiking boots with mid-to-high ankle support are a must due to the uneven terrain; boots should be comfortable and worn in
- Comfortable hiking clothing – we recommend long loose-fitting clothing for sun and wind protection and to shield your legs and arms from stray branches
- Layered clothing is recommended – a set of thermal tops and bottoms, a few t-shirts, a long-sleeve shirt, a pair of shorts, a fleece jacket or warm jumper (wear or pack)
- 100% waterproof rain jacket with hood (provided by Ultimate Hikes if needed)
- Beanie or woollen hat and gloves (even during the summer months)
- Long pants – waterproof or quick-dry material is advised (not cotton or denim)
- Change of clothes, sleepwear, and lightweight shoes/sandals for evenings at the lodges



WALK INTO LUXURY



- Sun protection, including a hat, sunscreen, and sunglasses
- A hiking pack that will fit all your clothing and personal items for the four-day hike – single-sized packs are available to borrow, but we recommend bringing your own for comfort, keeping the weight below 7kg where possible
- Prescription glasses and/or any medication you may require (including an EPI pen)
- Personal toiletries in small containers, including insect repellent and sport tape
- Your camera and/or mobile phone, chargers, a small torch, and spare batteries
- Bank card (or preferred device) for purchasing personal items and incidentals

Pre-trip information

